

August 22

Mary, Our Queen



The Crowning of Blessed Virgin Mary
Jesus crowns Mary his mother, Queen of Heaven and Earth.
She is Queen of the Universe and of our hearts.

We can think of today's feast as connected with Mary's Assumption, which we celebrated on August 15. Today we think of Mary with her Son in heaven. She is there with her body as well as her soul.

Even though governments today are often democracies, we can still understand the importance of kings and queens in the history of many countries. A good queen was greatly loved and served with joy. That is the kind of queen Mary, our Mother, is. She is a kind and loving queen. She is our mother and teacher too.

As our Mother, Mary takes care of us. We never have to be ashamed to ask her for anything. She will give us spiritual gifts. She will help us with our physical needs. She is also our teacher, because she left us examples of how to be true disciples of Jesus. If we invite Mary to be our queen, she will teach us many wonderful things about the life of Jesus in us. She will take us to her Son.

We can honor Mary everyday in several ways. We can whisper a Hail Mary when we are walking along or doing a chore. We can spend some quiet time in our room or another location and say the Rosary. We can keep a little statue or picture of Mary near our bed to remind us to honor her with prayer.

This is the way to make Mary the center and queen of our hearts. We can say the Hail Mary often throughout the day:

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.